



weight (cytosolic) phospholipase A₂ enzymes (cPLA₂s and iPLA₂s). Add sample to the spin column, centrifuge at 10,000 x g at 4°C for 10 min and collect the filtrate, which will contain only sPLA₂s.

- For unknown samples, we suggest doing a pilot experiment to ensure readings are within the range of the standard curve. Samples with extremely high PLA₂ activity (such as venoms and other secretory fluids) may be diluted with PLA₂ Assay Buffer.
- We recommend using a protease inhibitor cocktail (BioVision, Cat. # K271) to prevent enzyme degradation and measuring sample protein concentration using the Bradford reagent (BioVision, Cat. # K810 or a comparable protein assay).
- For samples exhibiting significant background, prepare parallel sample well(s) as background controls.

- 2. Fluorescence Standard Curve:** Dilute the Fluorescence Standard stock solution 10 times with dH₂O just prior to use to obtain a 0.1 mM working solution. Add 0, 2, 4, 6, 8 and 10 µl of the 0.1 mM Fluorescence Standard into a series of wells in a 96 well plate to generate 0, 0.2, 0.4, 0.6, 0.8 and 1 nmol/well of Fluorescence Standard. Adjust the volume to 100 µl/well with PLA₂ Assay Buffer.
- 3. Fluorogenic Probe Preparation:** Dilute the PLA₂ Probe stock solution 10 times with dH₂O to obtain a 1X working solution. Add 10 µl of the 1X working solution to all the wells except those containing the standards.
- 4. Substrate Preparation and Reaction:** Dilute the PLA₂ Substrate stock solution 100 times with PLA₂ Assay Buffer to obtain a working solution. Make enough to add 40 µl per well (for example, for 10 reactions, add 4 µl of PLA₂ Substrate stock to 396 µl PLA₂ Assay Buffer to make 400 µl of working solution). Vortex and add 40 µl to each test and positive control well. *Do not add PLA₂ Substrate solution to the background control wells.*

	Test Sample/Positive Control	Sample Background Control
Substrate Solution (1X)	40 µl	—
PLA ₂ Assay Buffer	—	40 µl

Note: The PLA₂ probe solution (1X) and the Substrate solution (1X) should be added to the wells sequentially as per protocol and not premixed as a single solution.

- 5. Measurement:** Immediately begin measuring the fluorescence at Ex/Em= 388/513 nm in kinetic mode for 45-60 mins at 37°C. Measurement time for the linear phase of the reaction depends on the PLA₂ activity in samples. We recommend measuring the sample fluorescence in kinetic mode to ensure that the measurements recorded are within the linear range of the reaction.

Note: The Fluorescence Standard Curve may be read separately in endpoint mode.

- 6. Calculation:** Subtract the 0 nmol Fluorescence Standard reading from all standard curve readings, plot the standard curve and calculate the slope. For each reaction well (including sample background and positive control wells), choose two time points (t₁ and t₂) in the linear phase, obtain the corresponding fluorescence values at those points (RFU₁ and RFU₂) and determine the change in fluorescence over the time interval: $\Delta F = RFU_2 - RFU_1$. If sample background control reading is significant, subtract the background control reading from its paired sample reading. PLA₂ metabolic activity is obtained by applying the background-corrected ΔF values to the Fluorescence Standard curve to get B nmol of PLA₂ Substrate metabolized during the reaction time ($\Delta T = T_2 - T_1$).

$$\text{Sample Phospholipase A}_2 \text{ Activity} = \frac{B}{(\Delta T \times V)} \times D = \text{nmol/min/ml} = \text{mU/ml}$$

Where: **B** = metabolite amount from standard curve (nmol).

Δt = reaction time of linear phase (min).

V = sample volume added into the reaction well (ml).

D = Sample dilution factor (if applicable)

Unit Definition: One unit of Phospholipase A₂ is the amount of enzyme that generates 1.0 µmole of lysothiophospholipid metabolite per min at pH 7.5 at 37°C.

Note: Activity of the high molecular weight Phospholipase A₂ enzymes (cPLA₂ and iPLA₂ type enzymes) can be calculated by subtracting the activity of the secretory Phospholipase A₂ enzymes (filtered fraction) from the total Phospholipase A₂ activity.

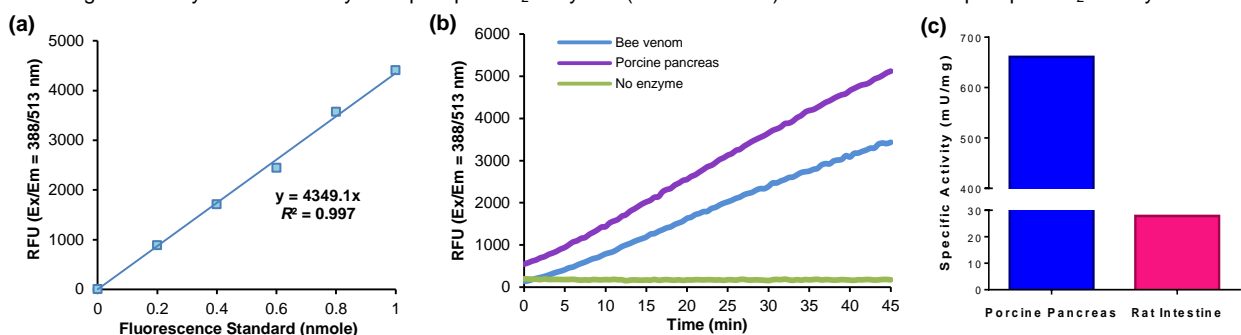


Figure: (a) Fluorescence standard curve. One mole of Fluorescence Standard corresponds to the metabolism of one mole of PLA₂ Substrate (b) Reaction kinetics of Phospholipase A₂ activity in bee venom positive control and porcine pancreas (0.314 µg protein) at 37°C using appropriate background controls. (c) Phospholipase A₂ specific activity calculated in porcine pancreas and rat intestine. Assays were performed following the kit protocol.

VIII. RELATED PRODUCTS:

Lipoprotein Lipase Activity Fluorometric Assay Kit (K721)
PAF Acetylhydrolase (PAF-AH) Inhibitor Screening Kit (K766)
Phospholipase D (PLD) Activity Assay Kit (K725)

Lipase Activity Colorimetric Assay Kit (K722)
Lipase Activity Fluorometric Assay Kit (K724)
PAF Acetylhydrolase (PAF-AH) Activity Assay Kit (K765)

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